

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Great Room Manzano Room Cottonwood Room Movement Room Outside/Patio/Pool Sports Court Fitness Room/Gym Off Site	1 Hatha Yoga 7:30 Bocce Ball 9:30 Pickleball 10:00 Writer's Group 10:00 Tai Chi 11:00 Intro to Pickleball 12:00 Ladies Poker 12:30 Men's Poker 12:30 Bridge 12:30 Yoga for Arthritis 1:00	2 Tennis 9:00 Walking Group 9:00 Regular Yoga 9:15 Painting 9:30 Basic Yoga 10:30 Bridge 12:30 Scrabble 12:30 Cornhole 12:30 Chinese MahJong 5:00	3 Hatha Yoga 7:30 Pickleball 10:00 Tai Chi 11:00 American Mah Jong 12:30 Poker 12:30 Fiber Crafts 4:00 Rummykub 4:30	4 Running Group 8:00 Tennis 9:00 Regular Yoga 9:15 Pickleball Skills & Drills 10:00 ARC Meeting 10:00 Gentle Yoga 10:30 Mexican Train 12:30 Zumba 4:00	5 Pickleball 9:00 Tennis 9:00 Walking Group 9:00 Bocce Ball 9:30 Tai Chi 11:00 Hand & Foot 12:30 Chess Group 1:00 Happy Hour 4:30	6 Restorative Yoga 8:45 Tennis 9:00 German Group 9:30 Pickleball 10:00 Square Dancing 10:30 Poker 12:30
7 Running Group 8:00 Hand & Foot 12:00 Golf 1:00 tee time Ladera Golf Course Casa Rodena Winery 1:00 Daylight Savings Winter Sandia Center Hours Begin	8 Hatha Yoga 7:30 Bocce Ball 9:30 Pickleball 10:00 Tai Chi 11:00 Intro to Pickleball 12:00 Ladies Poker 12:30 Men's Poker 12:30 Bridge 12:30 Yoga for Arthritis 1:00 Grief Group 4:00	9 Tennis 9:00 Walking Group 9:00 Regular Yoga 9:15 Painting 9:30 Basic Yoga 10:30 Bridge 12:30 Scrabble 12:30 Cornhole 12:30 Chinese MahJong 5:00	10 Hatha Yoga 7:30 Landscape & Trails 9:00 Pickleball 10:00 Tai Chi 11:00 Jewish Group 11:00 Catholic Group 11:00 Fitness Equipment Orientation 11:30 American Mah Jong 12:30 Poker 12:30 Fiber Crafts 4:00 Rummikub 4:30	11 Running Group 8:00 Tennis 9:00 Regular Yoga 9:15 Gentle Yoga 10:30 Veteran's Day Celebration 10:30 Mexican Train 12:30 Mirehaven Gives Back Mtg 4:00 Zumba 4:00	12 Tennis 9:00 Walking Group 9:00 Bocce Ball 9:30 Pickleball 10:00 Tai Chi 11:00 Women's Lunch 11:30 Hand & Foot 12:30 Chess Group 1:00 Happy Hour 4:30	13 Restorative Yoga 8:45 Tennis 9:00 German Group 9:30 Pickleball 10:00 Square Dancing 10:30 Lunch & Learn 11:00 Poker 12:30
14 Running Group 8:00 Golf 1:00 tee time Ladera Golf Course Acoustic Jam 1:00	15 Hatha Yoga 7:30 Slow Flow Yoga 9:00 Bocce Ball 9:30 Pickleball 10:00 Writer's Group 10:00 Tai Chi 11:00 Intro to Pickleball 12:00 Ladies Poker 12:30 Men's Poker 12:30 Bridge 12:30 Yoga for Arthritis 1:00 Book Club 5:30	16 Tennis 9:00 Walking Group 9:00 Regular Yoga 9:15 Painting 9:30 Conservative Group 10:00 Video Group 10:00 Basic Yoga 10:30 Men's Lunch 11:30 Bridge 12:30 Scrabble 12:30 Cornhole 12:30 Essential Oils 3:00 Chinese MahJong 5:00	17 Hatha Yoga 7:30 Pickleball 10:00 Tai Chi 11:00 Lunch & Learn 11:00 American Mah Jong 12:30 Poker 12:30 Fiber Crafts 4:00 Rummykub 4:30 Wine Tasting 7:00	18 Running Group 8:00 Tennis 9:00 Regular Yoga 9:15 ARC Meeting 10:00 Pickleball Skills & Drills 10:00 Gentle Yoga 10:30 Interest Group Leaders & Committees Appreciation 11:00 Mexican Train 12:30 ART Talk 4:00 Zumba 4:00	19 Tennis 9:00 Walking Group 9:00 Bocce Ball 9:30 Pickleball 10:00 Fluid Acrylic Paint Class 10:00 Tai Chi 11:00 Hand & Foot 12:30 Chess Group 1:00 Happy Hour 4:30	20 Restorative Yoga 8:45 Tennis 9:00 German Group 9:30 Pickleball 10:00 Square Dancing 10:30 Poker 12:30
21 Running Group 8:00 Golf 1:00 tee time Ladera Golf Course Hand & Foot 12:00	22 Hatha Yoga 7:30 Finance Committee 9:00 Bocce Ball 9:30 Pickleball 10:00 Tai Chi 11:00 Intro to Pickleball 12:00 Ladies Poker 12:30 Men's Poker 12:30 Bridge 12:30 Yoga for Arthritis 1:00	23 Tennis 9:00 Walking Group 9:00 Regular Yoga 9:15 Painting 9:30 Scrabble 12:30 Bridge 12:30 Chinese MahJong 5:00	24 Hatha Yoga 7:30 Pickleball 10:00 Tai Chi 11:00 Catholic Group 11:00 American Mah Jong 12:30 Poker 12:30 Sandia Center closes at 4:00pm	25 Thanksgiving Day Sandia Center Closed	26 Tennis 9:00 Walking Group 9:00 Bocce Ball 9:30 Pickleball 10:00 Tai Chi 11:00 Hand & Foot 12:30 Chess Group 1:00 Happy Hour 4:30	27 Tennis 9:00 German Group 9:30 Pickleball 10:00 Square Dancing 10:30 Poker 12:30
28 Running Group 8:00 Golf 1:00 tee time Ladera Golf Course Hand & Foot 12:00	29 Hatha Yoga 7:30 Slow Flow Yoga 9:00 Bocce Ball 9:30 Pickleball 10:00 Tai Chi 11:00 Intro to Pickleball 12:00 Ladies Poker 12:30 Men's Poker 12:30 Bridge 12:30 Yoga for Arthritis 1:00	30 Tennis 9:00 Walking Group 9:00 Regular Yoga 9:15 Painting 9:30 Basic Yoga 10:30 Bridge 12:30 Scrabble 12:30 Chinese MahJong 5:00	SANDIA CENTER & SPA WINTER HOURS Monday - Thursday 6am - 7pm Friday 6am - 8pm Saturday - Sunday 7am - 6pm Phone: 445-6304 Calendar Subject to Change			