

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Great Room</p> <p>Manzano Room</p> <p>Cottonwood Room</p> <p>Movement Room</p> <p>Outside/Patio/Pool</p> <p>Sports Court</p> <p>Fitness Room/Gym</p> <p>Off Site</p>		<p>1</p> <p>Regular Yoga 9:15</p> <p>Painting 9:30</p> <p>Walking Group 10:00</p> <p>Gentle Yoga 10:30</p> <p>Bridge 12:30</p> <p>Tennis 1:00</p> <p>Yin Yoga 4:00</p> <p>Chinese Mah Jongg 5:00</p>	<p>2</p> <p>Hatha Yoga 7:30</p> <p>Pickleball 9:00</p> <p>Tai Chi 11:00</p> <p>Catholic Group 11:00 (Zoom)</p> <p>American Mah Jongg 12:30</p> <p>Poker 12:30</p> <p>Fiber Crafts 4:00</p> <p>Rummikub 4:30</p>	<p>3</p> <p>Running Group 9:00</p> <p>Regular Yoga 9:15</p> <p>Pickleball Skills &amp; Drills 10:00</p> <p>Gentle Yoga 10:30</p> <p>Mexican Train 12:30</p> <p>Cornhole 12:30</p> <p>Tennis 1:00</p> <p>Bible Study 2:00</p> <p>Zumba 4:00</p>	<p>4</p> <p>Yoga Pilates 7:30</p> <p>Mixed Level Yoga 9:15</p> <p>Bocce Ball 9:30</p> <p>Pickleball 10:00</p> <p>Walking Group 10:00</p> <p>MGB Mtg 11:00</p> <p>Hand &amp; Foot 12:30</p> <p>Chess Group 1:00</p> <p>Happy Hour 4:30</p>	<p>5</p> <p>Vinyasa Flow Yoga 8:30am</p> <p>Pickleball 9:00</p> <p>German Group 10:00 (zoom)</p> <p>Square Dancing 10:30</p> <p>Poker 12:30</p>
<p>6</p> <p>Running Group 9:00</p> <p>Mixed Level Yoga 10:00</p> <p>Hand &amp; Foot 12:00</p> <p>Golf 1:00 tee time Ladera Golf Course</p>	<p>7</p> <p>Hatha Yoga 7:30</p> <p>Pickleball 9:00</p> <p>Yoga Pilates 9:15</p> <p>Painting 9:30</p> <p>Bocce Ball 9:30</p> <p>Writer's Group 10:00 (Zoom)</p> <p>Tai Chi 11:00</p> <p>MGB Mtg 1:00</p> <p>Intro to Pickleball 12:00</p> <p>Ladies' Poker 12:30</p> <p>Men's Poker 12:30</p> <p>Bridge 12:30</p> <p>Yoga for Arthritis 1:00</p> <p>Belly Dancing 3:00</p>	<p>8</p> <p>Regular Yoga 9:15</p> <p>Walking Group 10:00</p> <p>Conservative Grp 10:00</p> <p>Gentle Yoga 10:30</p> <p>Singles Lunch 11:00</p> <p>Bridge 12:30</p> <p>Tennis 1:00</p> <p>Buddhist Meditation Group 2:00</p> <p>Yin Yoga 4:00</p> <p>Chinese Mah Jongg 5:00</p>	<p>9</p> <p>Hatha Yoga 7:30</p> <p>Pickleball 9:00</p> <p>LTC Mtg 9:00</p> <p>Tai Chi 11:00</p> <p>Jewish Group 11:00</p> <p>American Mah Jongg 12:30</p> <p>Poker 12:30</p> <p>Craft Beer Group 2:30</p> <p>Fiber Crafts 4:00</p> <p>Rummikub 4:30</p>	<p>10</p> <p>Running Grp 9:00</p> <p>Regular Yoga 9:15</p> <p>ARC Mtg 9:30</p> <p>Gentle Yoga 10:30</p> <p>Fitness Equipment Orientation 101 11:30</p> <p>Mexican Train 12:30</p> <p>Cornhole 12:30</p> <p>Tennis 1:00</p> <p>Bible Study 2:00</p> <p>Zumba 4:00</p> <p>Real Estate Dinner &amp; Learn 5:30</p>	<p>11</p> <p>Yoga Pilates 7:30</p> <p>Pickleball 9:00</p> <p>Mixed Level Yoga 9:15</p> <p>Bocce Ball 9:30</p> <p>Walking Group 10:00</p> <p>Tai Chi 11:00</p> <p>Hand &amp; Foot 12:30</p> <p>Chess Group 1:00</p> <p>Intro to Tai Chi 1:00</p> <p>Happy Hour 4:30</p>	<p>12</p> <p>Vinyasa Flow Yoga 8:30am</p> <p>Pickleball 9:00</p> <p>German Group 10:00 (zoom)</p> <p>Square Dancing 10:30</p> <p>Poker 12:30</p>
<p>13</p> <p>Running Group 9:00</p> <p>Mixed Level Yoga 10:00</p> <p>Acoustic Jam 1:00</p> <p>Golf 1:00 tee time Ladera Golf Course</p> <p>Irish Dance Happy Hour and dinner from Fiestas 4:00</p>	<p>14</p> <p>Hatha Yoga 7:30</p> <p>Pickleball 9:00</p> <p>Yoga Pilates 9:15</p> <p>Bocce Ball 9:30</p> <p>Tai Chi 11:00</p> <p>Intro to Pickleball 12:00</p> <p>Ladies' Poker 12:30</p> <p>Men's Poker 12:30</p> <p>Bridge 12:30</p> <p>Yoga for Arthritis 1:00</p> <p>Meditation for Anxiety &amp; Stress Presentation 4:00</p>	<p>15</p> <p>Regular Yoga 9:15</p> <p>Painting 9:30</p> <p>Video Editing Group 10:00</p> <p>Walking Group 10:00</p> <p>Gentle Yoga 10:30</p> <p>Bridge 12:30</p> <p>Tennis 1:00</p> <p>Buddhist Meditation Group 2:00</p> <p>Essential Oils 3:00</p> <p>Yin Yoga 4:00</p> <p>Chinese Mah Jongg 5:00</p>	<p>16</p> <p>Hatha Yoga 7:30</p> <p>Pickleball 9:00</p> <p>Tai Chi 11:00</p> <p>Catholic Group 11:00 (Zoom)</p> <p>American Mah Jongg 12:30</p> <p>Poker 12:30</p> <p>Fiber Crafts 4:00</p> <p>Rummykub 4:30</p> <p>Wine Tasting 7:00 TBD</p>	<p>17</p> <p>Running Grp 9:00</p> <p>Regular Yoga 9:15</p> <p>Pickleball Skills &amp; Drills 10:00</p> <p>Gentle Yoga 10:30</p> <p>Mexican Train 12:30</p> <p>Cornhole 12:30</p> <p>Tennis 1:00</p> <p>Bible Study 2:00</p> <p>Zumba 4:00</p> <p>ART Talk 4:00</p>	<p>18</p> <p>Yoga Pilates 7:30</p> <p>Pickleball 9:00</p> <p>Mixed Level Yoga 9:15</p> <p>Bocce Ball 9:30</p> <p>Walking Group 10:00</p> <p>Hand &amp; Foot 12:30</p> <p>Chess Group 1:00</p> <p>Happy Hour 4:30</p>	<p>19</p> <p>Vinyasa Flow Yoga 8:30am</p> <p>Pickleball 9:00</p> <p>German Group 9:30 (zoom)</p> <p>Square Dancing 10:30</p> <p>Poker 12:30</p>
<p>20</p> <p>Running Group 9:00</p> <p>Mixed Level Yoga 10:00</p> <p>Hand &amp; Foot 12:00</p> <p>Golf 1:00 tee time Ladera Golf Course</p> <p>MGB Bingo 3:30</p>	<p>21</p> <p>Hatha Yoga 7:30</p> <p>Pickleball 9:00</p> <p>Finance Committee 9:00</p> <p>Yoga Pilates 9:15</p> <p>Bocce Ball 9:30</p> <p>Writer's Group 10:00 (zoom)</p> <p>Tai Chi 11:00</p> <p>Intro to Pickleball 12:00</p> <p>Ladies' Poker 12:30</p> <p>Men's Poker 12:30</p> <p>Bridge 12:30</p> <p>Yoga for Arthritis 1:00</p> <p>Book Club 5:30</p>	<p>22</p> <p>Regular Yoga 9:15</p> <p>Painting 9:30</p> <p>Walking Group 10:00</p> <p>Gentle Yoga 10:30</p> <p>Bridge 12:30</p> <p>Tennis 1:00</p> <p>Buddhist Meditation Group 2:00</p> <p>Yin Yoga 4:00</p> <p>Chinese Mah Jongg 5:00</p> <p>Dinner La Fonda del Bosque 6:00</p>	<p>23</p> <p>Hatha Yoga 7:30</p> <p>Pickleball 9:00</p> <p>Tai Chi 11:00</p> <p>Lunch &amp; Learn NM Solar Group 11:30</p> <p>American Mah Jongg 12:30</p> <p>Poker 12:30</p> <p>Fiber Crafts 4:00</p> <p>Rummikub 4:30</p>	<p>24</p> <p>Running Grp 9:00</p> <p>Regular Yoga 9:15</p> <p>Pickleball 9:00</p> <p>ARC Mtg. 9:30</p> <p>Gentle Yoga 10:30</p> <p>Fitness Equipment Orientation 102 11:30</p> <p>Mexican Train 12:30</p> <p>Cornhole 12:30</p> <p>Tennis at 1:00</p> <p>Bible Study 2:00</p> <p>Natural History as a Story 4:00</p> <p>Zumba 4:00</p> <p>Singles Interest Group 6:00</p>	<p>25</p> <p>Yoga Pilates 7:30</p> <p>Pickleball 9:00</p> <p>Mixed Level Yoga 9:15</p> <p>Bocce Ball 9:30</p> <p>Walking Group 10:00</p> <p>Tai Chi 11:00</p> <p>Hand &amp; Foot 12:30</p> <p>Chess Group 1:00</p> <p>Happy Hour 4:30</p>	<p>26</p> <p>Vinyasa Flow Yoga 8:30am</p> <p>Pickleball 9:00</p> <p>German Group 10:00 (zoom)</p> <p>Square Dancing 10:30</p> <p>Poker 12:30</p> <p>Yang Flow Yoga 1:00</p>
<p>27</p> <p>Running Group 9:00</p> <p>Mixed Level Yoga 10:00</p> <p>Hand &amp; Foot 12:00</p> <p>Golf 1:00 tee time Ladera Golf Course</p> <p>Del Webb Mirehaven Membership Meeting 4:00</p>	<p>28</p> <p>Hatha Yoga 7:30</p> <p>Pickleball 9:00</p> <p>Yoga Pilates 9:15</p> <p>Bocce Ball 9:30</p> <p>Board of Directors Mtg (zoom) 11:00</p> <p>Tai Chi 11:00</p> <p>Intro to Pickleball 12:00</p> <p>Ladies' Poker 12:30</p> <p>Men's Poker 12:30</p> <p>Bridge 12:30</p> <p>Yoga for Arthritis 1:00</p> <p>MGB Planning 4:00</p>	<p>29</p> <p>Regular Yoga 9:15</p> <p>Painting 9:30</p> <p>Metaphors in March Art Class 10:00</p> <p>Walking Group 10:00</p> <p>Gentle Yoga 10:30</p> <p>Women's Lunch 11:30</p> <p>Bridge 12:30</p> <p>Tennis 1:00</p> <p>Buddhist Meditation Group 2:00</p> <p>Yin Yoga 4:00</p> <p>Chinese Mah Jongg 5:00</p> <p>Poetry Group 5:30</p>	<p>30</p> <p>Hatha Yoga 7:30</p> <p>Pickleball 9:00</p> <p>Women's Breakfast 9:00</p> <p>Tai Chi 11:00</p> <p>American Mah Jongg 12:30</p> <p>Poker 12:30</p> <p>Fiber Crafts 4:00</p> <p>Rummikub 4:30</p>	<p>31</p> <p>Running Grp 9:00</p> <p>Regular Yoga 9:15</p> <p>Men's Breakfast 10:00</p> <p>Gentle Yoga 10:30</p> <p>Mexican Train 12:30</p> <p>Cornhole 12:30</p> <p>Tennis 1:00</p> <p>Gentle Relaxation Yoga Workshop 1:00</p> <p>Bible Study 2:00</p> <p>Zumba 4:00</p>	<p><b>SANDIA CENTER SPA &amp; WINTER HOURS</b></p> <p>Monday - Friday 6am - 7pm</p> <p>Saturday - Sunday 7am - 6pm</p> <p>Phone: 445-6304</p> <p>Calendar Subject to Change</p>	