



# EVENTS, PRESENTATIONS, & FITNESS CALENDAR

## JULY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Manzano Room</b> <b>Cottonwood Room</b> <b>Movement Room</b> <b>Sports Court</b> <b>Fitness Room/Gym</b> <b>Patio</b> <b>Pool</b> <b>Off-site</b> <b>Mirehaven Olympics</b>	<b>POOL &amp; SPA HOURS</b>  <b>Mon-Fri</b> <b>6:15am-7:45pm</b>  <b>Sat-Sun</b> <b>7:15am-6:45pm</b>	<b>SUMMER HOURS</b>  <b>Mon-Fri</b> <b>6:00am-8:00pm</b>  <b>Sat-Sun</b> <b>7:00am-7:00pm</b>	<b>JULY 4th HOURS</b> <b>7:00am-6:00pm</b>		<b>1</b>  <b>Pickleball 8:00</b> <b>Walking Group 8:00</b> <b>Bocce Ball 9:00</b> <b>Tai Chi 11:00</b> <b>Hand &amp; Foot 12:30</b> <b>Chess Group 1:00</b> <b>Happy Hour 4:30</b>	<b>2</b>  <b>Jogging Group 7:00</b> <b>Pickleball 8:00</b> <b>German Group 10:00</b> <b>Water Aerobics 11:00</b> <b>Poker 12:30</b>
<b>3</b>  <b>Golf 8:00</b> <b>Tee Time at Ladera Golf Course</b> <b>Deep Stretch Yoga 8:30</b> <b>Water Aerobics 10:00</b> <b>Hand &amp; Foot 12:00</b>	<b>4</b>  <b>Pickleball 8:00</b> <b>Bocce Ball 9:00</b> <b>4th of July Lunch on the Patio 12:00</b> <b>Ladies' Poker 12:30</b> <b>Men's Poker 12:30</b> <b>Bridge 12:30</b>  <b>JULY 4th HOURS</b> <b>7:00am-6:00pm</b>	<b>5</b>  <b>Walking Group 8:00</b> <b>Tennis 8:30</b> <b>Regular Yoga 9:15</b> <b>Gentle Yoga 10:30</b> <b>Bridge 12:30</b> <b>Buddhist Meditation Group 2:00</b> <b>Chinese Mah Jongg 5:00</b>	<b>6</b>  <b>Deep Stretch Yoga 8:00</b> <b>Jogging + Group 7:00</b> <b>Pickleball 8:00</b> <b>Water Aerobics 9:30</b> <b>Tai Chi 11:00</b> <b>Catholic Group 11:00</b> <b>American Mah Jongg 12:30</b> <b>Poker 12:30</b> <b>Rummikub 5:00</b> <b>Bocce Ball league 6:30</b>	<b>7</b>  <b>Pickleball Skills &amp; Drills 8:00</b> <b>Tennis 8:30</b> <b>Fitness Equipment Orientation 101 11:30</b> <b>Mexican Train 12:30</b> <b>Bridge 12:30</b> <b>TC Docs 12:00-2:00</b> <b>Cornhole 12:30</b> <b>Bible Study 2:00</b> <b>Neighborhood Assoc. Board Mtg. 2:00</b> <b>Zumba 4:00</b> <b>Bocce Ball league 6:30</b>	<b>8</b>  <b>Pickleball 8:00</b> <b>Walking Group 8:00</b> <b>Bocce Ball 9:00</b> <b>Tai Chi 11:00</b> <b>Hand &amp; Foot 12:30</b> <b>Chess Group 1:00</b> <b>Happy Hour 4:30</b>	<b>9</b>  <b>Jogging + Group 7:00</b> <b>Pickleball 8:00</b> <b>German Group 10:00</b> <b>Water Aerobics 11:00</b> <b>Poker 12:30</b>
<b>10</b>  <b>Golf 8:00 Tee Time at Ladera Golf Course</b> <b>Deep Stretch Yoga 8:30</b> <b>Water Aerobics 10:00</b> <b>Hand &amp; Foot 12:00</b> <b>Acoustic Jam 1:00</b> <b>MGB Vintage R&amp;R Dance 6:00</b>	<b>11</b>  <b>Hatha Yoga 7:30</b> <b>Pickleball 8:00</b> <b>Coffee with a Cop 9:00</b> <b>Transition Committee 9:00</b> <b>Bocce Ball 9:00</b> <b>Writer's Group 10:00</b> <b>Tai Chi 11:00</b> <b>Ladies' Poker 12:30</b> <b>Men's Poker 12:30</b> <b>Bridge 12:30</b> <b>PALS Interest Grp 4:00</b>	<b>12</b>  <b>Walking Group 8:00</b> <b>Tennis 8:30</b> <b>Painting 9:30</b> <b>TC 10:00</b> <b>Conservative Group 10:00</b> <b>Regular Yoga 9:15</b> <b>Gentle Yoga 10:30</b> <b>Bridge 12:30</b> <b>Buddhist Meditation Group 2:00</b> <b>Mirehaven RV Group 4:00</b> <b>Chinese Mah Jongg 5:00</b>	<b>13</b>  <b>Deep Stretch Yoga 8:00</b> <b>Jogging + Group 7:00</b> <b>Pickleball 8:00</b> <b>LTC 9:00</b> <b>Water Aerobics 9:30</b> <b>Jewish Group 11:00</b> <b>Tai Chi 11:00</b> <b>Lunch &amp; Learn 11:30</b> <b>American Mah Jongg 12:30</b> <b>Poker 12:30</b> <b>Rummikub 5:00</b> <b>Bocce Ball league 6:30</b>	<b>14</b>  <b>Tennis 8:30</b> <b>ARC 9:30</b> <b>Regular Yoga 9:15</b> <b>Gentle Yoga 10:30</b> <b>Mexican Train 12:30</b> <b>Bridge 12:30</b> <b>Cornhole 12:30</b> <b>Bible Study 2:00</b> <b>Zumba 4:00</b> <b>Craft Beer 5:00</b> <b>Bocce Ball league 6:30</b>	<b>15</b>  <b>Pickleball 8:00</b> <b>Walking Group 8:00</b> <b>Bocce Ball 9:00</b> <b>Tai Chi 11:00</b> <b>Hand &amp; Foot 12:30</b> <b>Chess Group 1:00</b> <b>Happy Hour 4:30</b>	<b>16</b>  <b>Jogging + Group 7:00</b> <b>Pickleball 8:00</b> <b>German Group 10:00</b> <b>Water Aerobics 11:00</b> <b>Poker 12:30</b>
<b>17</b>  <b>Golf 8:00 Tee Time at Ladera Golf Course</b> <b>Singles Interest Group 8:00</b> <b>Deep Stretch Yoga 8:30</b> <b>Water Aerobics 10:00</b> <b>Hand &amp; Foot 12:00</b>	<b>18</b>  <b>Hatha Yoga 7:30</b> <b>Pickleball 8:00</b> <b>Bocce Ball 9:00</b> <b>TC Docs 9:00</b> <b>Tai Chi 11:00</b> <b>Ladies' Poker 12:30</b> <b>Men's Poker 12:30</b> <b>Bridge 12:30</b> <b>PALS Interest Grp 4:00</b> <b>Book Club 5:30</b>	<b>19</b>  <b>Walking Group 8:00</b> <b>Tennis 8:30</b> <b>Regular Yoga 9:15</b> <b>Painting 9:30</b> <b>Video Editing Group 10:00</b> <b>Gentle Yoga 10:30</b> <b>Men's Lunch 11:30</b> <b>Bridge 12:30</b> <b>Buddhist Meditation Group 2:00</b> <b>Essential Oils 3:00</b> <b>Chinese Mah Jongg 5:00</b>	<b>20</b>  <b>Deep Stretch Yoga 8:00</b> <b>Jogging + Group 7:00</b> <b>Pickleball 8:00</b> <b>Water Aerobics 9:30</b> <b>Tai Chi 11:00</b> <b>Catholic Group 11:00</b> <b>American Mah Jongg 12:30</b> <b>Poker 12:30</b> <b>MGB Planning 4:00</b> <b>Rummikub 5:00</b> <b>Bocce Ball league 6:30</b>	<b>21</b>  <b>Pickleball Skills &amp; Drills 8:00</b> <b>Tennis 8:30</b> <b>Shooting Sports 9:00</b> <b>Regular Yoga 9:15</b> <b>Gentle Yoga 10:30</b> <b>An English Tea Party 10:30</b> <b>Fitness Equipment Orientation 102 11:30</b> <b>Mexican Train 12:30</b> <b>Bridge 12:30</b> <b>Cornhole 12:30</b> <b>ART Talk 1:30</b> <b>Bible Study 2:00</b> <b>Zumba 4:00</b> <b>Geology of Mirehaven Presentation 4:00</b> <b>Bocce Ball league 6:30</b>	<b>22</b>  <b>Pickleball 8:00</b> <b>Walking Group 8:00</b> <b>Bocce Ball 9:00</b> <b>Tai Chi 11:00</b> <b>Lunch &amp; Learn 11:00</b> <b>Hand &amp; Foot 12:30</b> <b>Chess Group 1:00</b> <b>Happy Hour 4:30</b>	<b>23</b>  <b>Jogging + Group 7:00</b> <b>Pickleball 8:00</b> <b>German Group 10:00</b> <b>Water Aerobics 11:00</b> <b>Poker 12:30</b> <b>Food Truck 5:00</b> <b>Live Music 6:00</b>
<b>24</b>  <b>Golf 8:00 Tee Time at Ladera Golf Course</b> <b>Deep Stretch Yoga 8:30</b> <b>Olympic Poker Stroll 8:30</b> <b>Water Aerobics 10:00</b> <b>Olympic Golf Cart/Olympic Classic Car Parade 10:30</b> <b>Olympic Hand &amp; Foot Tournament 12:30</b>	<b>25</b>  <b>Olympic Pickleball 7:30</b> <b>Hatha Yoga 7:30</b> <b>Bocce Ball 9:00</b> <b>Writer's Group 10:00</b> <b>Tai Chi 11:00</b> <b>Olympic Swimming 12:00</b> <b>Ladies' Poker 12:30</b> <b>Men's Poker 12:30</b> <b>Bridge 12:30</b> <b>PALS Interest Grp 4:00</b>	<b>26</b>  <b>Olympic Pickleball 7:30</b> <b>Walking Group 8:00</b> <b>Tennis 8:30</b> <b>Regular Yoga 9:15</b> <b>Painting 9:30</b> <b>Gentle Yoga 10:30</b> <b>Women's Lunch 11:30</b> <b>Bridge 12:30</b> <b>Olympic Poker 1:00</b> <b>Buddhist Meditation Group 2:00</b> <b>Chinese Mah Jongg 5:00</b> <b>Olympic Golf Tournament 7:00</b>	<b>27</b>  <b>Jogging + Group 7:00</b> <b>Olympic Pickleball 7:30</b> <b>Deep Stretch Yoga 8:00</b> <b>Olympic Tennis 8:15</b> <b>Water Aerobics 9:30</b> <b>Tai Chi 11:00</b> <b>Website/App Rollout 11:00</b> <b>American Mah Jongg 12:30</b> <b>Poker 12:30</b> <b>Olympic Cornhole 1:00</b> <b>Olympic Chess Tournament 1:00</b> <b>Olympic 8-ball 1:00</b> <b>Rummikub 5:00</b> <b>Singles Interest Group 5:30</b> <b>Olympic Bocce Ball 6:30</b>	<b>28</b>  <b>Olympic Tennis 8:15</b> <b>Regular Yoga 9:15</b> <b>ARC 9:30</b> <b>TC Docs 12:00-2:00</b> <b>Gentle Yoga 10:30</b> <b>Olympic Rowing 11:00</b> <b>Olympic Mexican Train Tournament 12:30</b> <b>Bridge 12:30</b> <b>Cornhole 12:30</b> <b>Bible Study 2:00</b> <b>Olympic Chess Tournament 2:00</b> <b>Zumba 4:00</b> <b>Olympic Bocce Ball 6:30</b>	<b>29</b>  <b>Olympic 5K &amp; Running Events 7:30</b> <b>Pickleball 8:00</b> <b>Walking Group 8:00</b> <b>Bocce Ball 9:00</b> <b>Tai Chi 11:00</b> <b>Olympic Pool Volleyball 11:00</b> <b>Hand &amp; Foot 12:30</b> <b>Olympic Chess Tournament 1:00</b> <b>Happy Hour 4:30</b> <b>Olympics Gala 5:30</b>	<b>30</b>  <b>Jogging + Group 7:00</b> <b>Pickleball 8:00</b> <b>German Group 10:00</b> <b>Olympic Whiffle Ball 10:00</b> <b>Water Aerobics 11:00</b> <b>Poker 12:30</b> <b>Yang Flow Yoga 1:00</b>
<b>31</b>  <b>Golf 8:00 Tee Time at Ladera Golf Course</b> <b>Deep Stretch Yoga 8:30</b> <b>Water Aerobics 10:00</b> <b>Hand &amp; Foot 12:00</b> <b>Pride Happy Hour 4:00</b>						