

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Manzano Room Cottonwood Room Movement Room Sports Court Fitness Room/Gym Patio Pool Off-site	1 Hatha Yoga 7:30 Pickleball 8:00 TC Mtg Closed 8:00 TC Mtg Open 9:00 Bocce Ball 9:00 Writer's Group 10:00 Tai Chi 11:00 Ladies' Poker 12:30 Men's Poker 12:30 Bridge 12:30 Neighborhood Assoc. Board Mtg. 2:00 PALS Interest Grp 4:00	2 Walking Group 8:00 Tennis 8:30 Regular Yoga 9:15 Painting 9:30 Gentle Yoga 10:30 Bridge 12:30 Buddhist Meditation Group 2:00 Chinese Mah Jongg 5:00	3 Jogging + Group 7:00 Deep Stretch Yoga 8:00 Pickleball 8:00 Water Aerobics 9:30 Tai Chi 11:00 Catholic Group 11:00 American Mah Jongg 12:30 Poker 12:30 Rummikub 5:00 Bocce Ball league 6:30	4 Pickleball Skills & Drills 8:00 Tennis 8:30 Regular Yoga 9:15 Gentle Yoga 10:30 Cornhole 10:30 TC Docs 12:00 Mexican Train 12:30 Bridge 12:30 Bible Study 2:00 Zumba 4:00 Bocce Ball league 6:30	5 Pickleball 8:00 Walking Group 8:00 Bocce Ball 9:00 Hand & Foot 12:30 Chess Group 1:00 Happy Hour 4:30	6 Jogging + Group 7:00 Pickleball 8:00 German Group 10:00 Water Aerobics 11:00 Poker 12:30 Barber of Seville Opera 5:00
7 Golf 8:00 Tee Time at Ladera Golf Course Deep Stretch Yoga 8:30 Water Aerobics 10:00 Hand & Foot 12:00	8 Hatha Yoga 7:30 Pickleball 8:00 Bocce Ball 9:00 TC Docs 9:30 Tai Chi (Beau) 11:00 Ladies' Poker 12:30 Men's Poker 12:30 Bridge 12:30 PALS Interest Grp 4:00	9 Walking Group 8:00 Tennis 8:30 Regular Yoga 9:15 Painting 9:30 Conservative Group 10:00 Website/App Rollout 10:00 Gentle Yoga 10:30 Bridge 12:30 Buddhist Meditation Group 2:00 Mirehaven RV Group 4:00 Chinese Mah Jongg 5:00	10 Jogging + Group 7:00 Deep Stretch Yoga 8:00 Pickleball 8:00 LTC 9:00 Water Aerobics 9:30 Tai Chi 11:00 Jewish Group 11:00 American Mah Jongg 12:30 Poker 12:30 Rummikub 5:00 Bocce Ball league 6:30	11 Tennis 8:30 Regular Yoga 9:15 ARC 9:30 Gentle Yoga 10:30 Cornhole 10:30 Fitness Equipment Orientation 101 11:30 Mexican Train 12:30 Bridge 12:30 Bible Study 2:00 Zumba 4:00 Craft Beer Happy Hour 5:00 Bocce Ball league 6:30	12 Pickleball 8:00 Walking Group 8:00 Bocce Ball 9:00 Tai Chi 11:00 Hand & Foot 12:30 Chess Group 1:00 Happy Hour 4:30	13 Jogging + Group 7:00 Pickleball 8:00 Coffee Chat 9:00 German Group 10:00 Water Aerobics 11:00 Poker 12:30
14 Golf 8:00 Tee Time at Ladera Golf Course Deep Stretch Yoga 8:30 Water Aerobics 10:00 Hand & Foot 12:00 Acoustic Jam 1:00	15 Hatha Yoga 7:30 Pickleball 8:00 Bocce Ball 9:00 TC Docs 9:30 Ladies' Poker 12:30 Men's Poker 12:30 Bridge 12:30 PALS Interest Grp 4:00 Book Club 5:30	16 Walking Group 8:00 Tennis 8:30 Painting 9:30 Video Editing Group 10:00 Regular Yoga 9:15 Gentle Yoga 10:30 Bridge 12:30 Buddhist Meditation Group 2:00 Chinese Mah Jongg 5:00	17 Jogging + Group 7:00 Deep Stretch Yoga 8:00 Pickleball 8:00 Water Aerobics 9:30 Jewish Group 11:00 Tai Chi 11:00 Catholic Group 11:00 American Mah Jongg 12:30 Poker 12:30 MGB Planning Mtg 3:00 MGB Planning Mtg 4:00 Intro to Tai Chi 1:00 Rummikub 5:00 Bocce Ball league 6:30	18 Pickleball Skills & Drills 8:00 Tennis 8:30 Shooting Sports 9:00 Regular Yoga 9:15 Gentle Yoga 10:30 Cornhole 10:30 Mexican Train 12:30 Bridge 12:30 ART Talk 1:30 Bible Study 2:00 Zumba 4:00 Bocce Ball league 6:30	19 Pickleball 8:00 Walking Group 8:00 Bocce Ball 9:00 Tai Chi 11:00 Hand & Foot 12:30 Chess Group 1:00 Happy Hour 4:30	20 Jogging + Group 7:00 Pickleball 8:00 German Group 10:00 Beginning Spanish 10:00 Water Aerobics 11:00 Poker 12:30 MGB Oscar Butler Concert 6:00
21 Golf 8:00 Tee Time at Ladera Golf Course Singles Interest Group 8:00 Deep Stretch Yoga 8:30 Water Aerobics 10:00 Hand & Foot 12:00	22 Hatha Yoga 7:30 Pickleball 8:00 Bocce Ball 9:00 TC Docs 9:00 Finance 9:00 Tai Chi 11:00 Ladies' Poker 12:30 Men's Poker 12:30 Bridge 12:30 PALS Interest Grp 4:00	23 Walking Group 8:00 Tennis 8:30 Regular Yoga 9:15 TC Mtg closed 9:00 Painting 9:30 TC Mtg Open 10:00 Gentle Yoga 10:30 Women's Lunch 11:30 Bridge 12:30 Buddhist Meditation Group 2:00 Chinese Mah Jongg 5:00	24 Jogging + Group 7:00 Deep Stretch Yoga 8:00 Pickleball 8:00 Water Aerobics 9:30 Tai Chi 11:00 American Mah Jongg 12:30 Poker 12:30 Website/App Rollout 1:00 Rummikub 5:00 Bocce Ball league 6:30	25 Tennis 8:30 Regular Yoga 9:15 ARC 9:30 Gentle Yoga 10:30 Cornhole 10:30 Fitness Equipment Orientation 102 11:30 Mexican Train 12:30 Bridge 12:30 Bible Study 2:00 Zumba 4:00 MGB Bingo 5:00 Bocce Ball league 6:30	26 Pickleball 8:00 Walking Group 8:00 Bocce Ball 9:00 Tai Chi 11:00 Hand & Foot 12:30 Chess Group 1:00 Cooking Group 3:30 Happy Hour 4:30	27 Jogging + Group 7:00 Pickleball 8:00 German Group 10:00 Beginning Spanish 10:00 Water Aerobics 11:00 Poker 12:30 O'Keeffe Tour 1:30 Live Music with the Stingrays 6:00
28 Golf 8:00 Tee Time at Ladera Golf Course Deep Stretch Yoga 8:30 Water Aerobics 10:00 Hand & Foot 12:00 O'Keeffe Tour 1:30 LGBTQ/Pride HH 4:00	29 Hatha Yoga 7:30 Pickleball 8:00 Bocce Ball 9:00 Tai Chi 11:00 Ladies' Poker 12:30 Men's Poker 12:30 Bridge 12:30 PALS Interest Grp 4:00	30 Walking Group 8:00 Tennis 8:30 Regular Yoga 9:15 Painting 9:30 Gentle Yoga 10:30 Men's Lunch 11:30 Bridge 12:30 Buddhist Meditation Group 2:00 Chinese Mah Jongg	31 Jogging + Group 7:00 Deep Stretch Yoga 8:00 Pickleball 8:00 Water Aerobics 9:30 Tai Chi 11:00 Tour at the Telephone Museum 11:00 American Mah Jongg 12:30 Poker 12:30 Rummikub 5:00	POOL & SPA HOURS Mon-Fri 6:15am-7:45pm Sat-Sun 7:15am-6:45pm		SUMMER HOURS Mon-Fri 6:00am-8:00pm Sat-Sun 7:00am-7:00pm