Del Webb®

MIREHAVEN

APRIL 2022

Events & Fitness/Wellness

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Monzano Room Cottonwood Room Movement Room Sports Court Fitness Room/Gym Off-site	SANDIA CENTER SPA & WINTER HOURS Monday-Friday 6am-7pm Saturday-Sunday 7am-6pm				1 Yogalates 8:30 Bocce Ball 9:30 Pickleball 10:00 Walking Group 10:00 Hand & Foot 12:30 Chess Group 1:00 Happy Hour 4:30	2 Vinyasa Flow Yoga 8:30am Pickleball 10:00 German Group 11:00 Square Dancing 10:30 Poker 12:30
3 Running Group 9:00 Hand & Foot 12:00 Golf 1:00 Tee Time at Ladera Golf Course	4 Hatha Yoga 7:30 Painting 9:00 Bocce Ball 9:30 Writer's Group (Zoom) 10:00 Pickleball 10:00 Tai Chi 11:00 Intro to Pickleball 12:00 Ladies' Poker 12:30 Men's Poker 12:30 Bridge 12:30 Neighborhood Board 1:00 Belly Dancing 3:00	5 Regular Yoga 9:15 Walking Group 10:00 Gentle Yoga 10:30 Bridge 12:30 Tennis 1:00 Buddhist Meditation Group 2:00 Chinese Mah Jongg 5:00	6 Hatha Yoga 7:30 Pickleball 10:00 Tai Chi 11:00 Catholic Group 11:00 American Mah Jongg 12:30 Poker 12:30 Fiber Crafts 4:00 Rummikub 5:00	7 Running Group 9:00 Regular Yoga 9:15 ARC Mtg. 9:30 Pickleball Skills & Drills 10:00 Gentle Yoga 10:30 Mexican Train 12:30 Cornhole 12:30 Singles Group 1:00 Tennis 1:00 Bible Study 2:00 Zumba 4:00	8 Bocce Ball 9:30 Pickleball 10:00 Walking Group 10:00 Tai Chi 11:00 Hand & Foot 12:30 Chess Group 1:00 Beginning Tai Chi 1:00 Happy Hour 4:30	9 Pickleball 10:00 German Group 10:00 Square Dancing 10:30 Poker 12:30
10 Running Group 9:00 Hand & Foot 12:00 Acoustic Jam 1:00 Golf 1:00 Tee Time at Ladera Golf Course	11 Hatha Yoga 7:30 Bocce Ball 9:30 Writer's Group (Zoom) 10:00 Pickleball 10:00 Tai Chi 11:00 Intro to Pickleball 12:00 Ladies' Poker 12:30 Men's Poker 12:30 Bridge 12:30	12 Regular Yoga 9:15 Painting 9:30 Walking Group 10:00 Conservative Group 10:00 Gentle Yoga 10:30 Bridge 12:30 Tennis 1:00 Buddhist Meditation Group 2:00 Science Group Presentation: Ed Teller & Me 4:00 Chinese Mah Jongg 5:00	13 Hatha Yoga 7:30 LTC Mtg 9:00 Pickleball 10:00 Tai Chi 11:00 Jewish Group 11:00 Women's Lunch 11:30 American Mah Jongg 12:30 Poker 12:30 Fiber Crafts 4:00 Rummikub 5:00	14 Running Group 9:00 Regular Yoga 9:15 Gentle Yoga 10:30 Fitness Equipment Orientation 101 11:30 Mexican Train 12:30 Cornhole 12:30 Tennis 1:00 Bible Study 2:00 Zumba 4:00 Craft Beer Cooking Contest Happy Hour 5:00	15 Bocce Ball 9:30 Pickleball 10:00 Walking Group 10:00 Tai Chi 11:00 Hand & Foot 12:30 Chess Group 1:00 Beginning Tai Chi 1:00 Happy Hour 4:30	16 Pickleball 10:00 German Group 10:00 Square Dancing 10:30 Poker 12:30 Jewish Group Passover 4:00
17 Running Group 9:00 Hand & Foot 12:00 Golf 1:00 Tee Time at Ladera Golf Course	18 Hatha Yoga107:30 Pickleball 9:00 Finance Cmmt Mtg. 9:00 Bocce Ball 9:30 Pickleball 10:00 Writer's Group (Zoom) 10:00 Tai Chi 11:00 Intro to Pickleball 12:00 Ladies' Poker 12:30 Men's Poker 12:30 Bridge 12:30 Book Club 5:30	19 Regular Yoga 9:15 Painting 9:30 Walking Group 10:00 Video Editing Group 10:00 Gentle Yoga 10:30 Bridge 12:30 Tennis 1:00 Buddhist Meditation Group 2:00 Essential Oils 3:00 Chinese Mah Jongg 5:00	20 Hatha Yoga 7:30 Pickleball 10:00 Van Gogh Arrt Class 10:00 Catholic Group 11:00 Tai Chi 11:00 American Mah Jongg 12:30 Poker 12:30 Fiber Crats 4:00 Rummikub 5:00 Wine Tasting TBD	21 Hike with Petroglyph National Monument 9:00 Running Group 9:00 Regular Yoga 9:15 ARC Mtg. 9:30 Pickleball Skills & Drills 10:00 Gentle Yoga 10:30 Mexican Train 12:30 Cornhole 12:30 Tennis 1:00 Bible Study 2:00 Zumba 4:00	22 Bocce Ball 9:30 Pickleball 10:00 Walking Group 10:00 Tai Chi 11:00 Hand & Foot 12:30 Chess Group 1:00 Beginning Tai Chi 1:00 Happy Hour 4:30	23 Pickleball 10:00 German Group 10:00 Square Dancing 10:30 Poker 12:30 Live Music with the Chris Kill Band 6:00
24 Running Group 9:00 Hand & Foot 12:00 Golf 1:00 Tee Time at Ladera Golf Course	25 Hatha Yoga 7:30 Bocce Ball 9:30 Writer's Group (Zoom) 10:00 Pickleball 9:00 Tai Chi 11:00 Intro to Pickleball 12:00 Ladies' Poker 12:30 Men's Poker 12:30 Bridge 12:30 Home Composting Basics 4:00 MGB Mtg 4:00	26 Regular Yoga 9:15 Painting 9:30 Walking Group 10:00 Eldora Chocolate Tour 10:00 Gentle Yoga 10:30 Bridge 12:30 Tennis 1:00 Buddhist Meditation Group 2:00 Chinese Mah Jongg 5:00	27 Hatha Yoga 7:30 CPR & AED Class 9:00 Singles Breakfast 9:30 Pickleball 10:00 Tai Chi 11:00 American Mah Jongg 12:30 Poker 12:30 Fiber Crafts 4:00 Rummikub 5:00	28 Running Group 9:00 Regular Yoga 9:15 Gentle Yoga 10:30 Fitness Equipment Orientation 102 11:30 Men's Lunch 11:30 Mexican Train 12:30 Cornhole 12:30 Tennis 1:00 Bible Study 2:00 Zumba 4:00 Presentation with Wild Birds Unlimited 4:00	29 Bocce Ball 9:30 Pickleball 10:00 Walking Group 10:00 Tai Chi 11:00 Hand & Foot 12:30 Chess Group 1:00 Beginning Tai Chi 1:00 Happy Hour 4:30	30 Pickleball 10:00 German Group 10:00 Art Show 10:00-3:00 Square Dancing 10:30 Poker 12:30 Yang Flow Yoga 1:00