

# FEBRUARY 2019

Events & Fitness/Wellness

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Movement Studio MS Manzano East Room ME Manzano West Room MW Manzano Room MR Great Room GR Events Pool Cottonwood Room CR Courts C			Yoga Advanced 8-8:50am Yoga Basics 9-9:50am Bocce 9:30am Pickle Ball 10am Restorative Yoga 10-11:00am Rummy cube 10:30am-12:30pm Canasta 1-4pm Happy Hour & Birthdays of the Month 4-7pm	Zumba 9-10am Pickle ball 10am
<b>3</b> Golf Interest Group 1pm Ladera Golf Course Bluegrass and Folk Music 1-3pm Play Pool (Billiards) 3pm Crafts Interest Group 3-5pm Super Bowl Potluck 3:30pm	<b>4</b> Yoga Advanced 8-8:50am Yoga Basics 9-9:50am Bocce 9:30am Pickle Ball 10am Restorative Yoga 10-11am German Group 11am-12pm Bridge 1-4pm Poker 1-4pm	<b>5</b> Pilates 8-8:50am Yoga Intermediate 9-9:50am Walkers Interest Group 9am Painting Group 9:30am-12:30pm Wizard 9:30am-12:30pm Tai Chi 11am-12pm Line Dancing 2-3:15pm	<b>6</b> Yoga Advanced 8-8:50am Yoga Basics 9-9:50am Pickle Ball 10am Restorative Yoga 10-11am Poker 1-4pm American Mahjongg 1-4pm	<b>7</b> Pilates 8-8:50am Yoga Intermediate 9-9:50am Pickle ball drills 10am Equipment Orientation Class 11am ARC Meeting 10am Tai Chi 11am-12pm Mexican Train Dominoes 1-4pm Chinese Mahjongg 1-4pm	<b>8</b> Yoga Advanced 8-8:50am Yoga Basics 9-9:50am Bocce 9:30am Pickle Ball 10am Restorative Yoga 10-11:00am Rummy cube 10:30am-12:30pm Canasta 1-4pm Happy Hour 4-7pm	<b>9</b> Zumba 9-10am Pickle ball 10am Breakfast at the Amenity Center 9am
<b>10</b> Golf Interest Group 1pm Ladera Golf Course Play Pool (Billiards) 3pm Crafts Interest Group 3-5pm	<b>11</b> Yoga Advanced 8-8:50am Yoga Basics 9-9:50am Bocce 9:30am Pickle Ball 10am New Homeowner's Orientation Class 10am Restorative Yoga 10-11am German Group 11am-12pm Bridge 1-4pm Poker 1-4pm Essential Oils 4-5pm	<b>12</b> Pilates 8-8:50am Yoga Intermediate 9-9:50am Walkers Interest Group 9am Painting Group 9:30am-12:30pm Wizard 9:30am-12:30pm Tai Chi 11am-12pm Line Dancing 2-3:15pm Singles Interest Group 5:30pm	<b>13</b> Yoga Advanced 8-8:50am Yoga Basics 9-9:50am Pickle Ball 10am Restorative Yoga 10-11am Valentine's Day Photo Session 11am Poker 1-4pm American Mahjongg 1-4pm	<b>14</b> Pilates 8-8:50am Yoga Intermediate 9-9:50am Pickle ball drills 10am ARC Meeting 10am Tai Chi 11am-12pm Mexican Train Dominoes 1-4pm Chinese Mahjongg 1-4pm	<b>15</b> Yoga Advanced 8-8:50am Yoga Basics 9-9:50am Bocce 9:30am Pickle Ball 10am Restorative Yoga 10-11:00am Rummy cube 10:30am-12:30pm Canasta 1-4pm Happy Hour 4-7pm Love & Friendship "Guitar Show" 7:30-8:30pm	<b>16</b> Zumba 9am Pickle ball 10am Nutrition Talk 11am-12pm Zentangle 1-3pm
<b>17</b> Golf Interest Group 1pm Ladera Golf Course Bluegrass and Folk Music 1-3pm Play Pool (Billiards) 3pm Crafts Interest Group 3-5pm	<b>18</b> Yoga Advanced 8-8:50am Yoga Basics 9-9:50am Bocce 9:30am Pickle Ball 10am Restorative Yoga 10-11am German Group 11am-12pm Bridge 1-4pm Poker 1-4pm Book Club 6pm	<b>19</b> Pilates 8-8:50am Yoga Intermediate 9-9:50am Walkers Interest Group 9am Painting Group 9:30am-12:30pm Wizard 9:30am-12:30pm Lunch and Learn "The Art of Aging Gracefully" 11am-12pm Tai Chi 11am-12pm Line Dancing 2-3:15pm Mirehaven Gives Back Meeting 4pm	<b>20</b> Yoga Advanced 8-8:50am Yoga Basics 9-9:50am Pickle Ball 10am Restorative Yoga 10-11am Poker 1-4pm American Mahjongg 1-4pm	<b>21</b> Pilates 8-8:50am Yoga Intermediate 9-9:50am Women's Breakfast 9am Pickle ball drills 10am ARC Meeting 10am Tai Chi 11am-12pm Mexican Train Dominoes 1-4pm Chinese Mahjongg 1-4pm Del Webb Mirehaven Info/Session "Georgia O'Keeffe" 4:30-5:30pm	<b>22</b> Yoga Advanced 8-8:50am Yoga Basics 9-9:50am Bocce 9:30am Pickle Ball 10am Restorative Yoga 10-11:00am Rummy cube 10:30am-12:30pm Canasta 1-4pm Happy Hour 4-7pm	<b>23</b> Zumba 9am Pickle ball 10am Health and Security Expo 11am-12:30pm
<b>24</b> Golf Interest Group 1pm Ladera Golf Course Paper Crafters 1-4pm Play Pool (Billiards) 3pm Crafts Interest Group 3-5pm	<b>25</b> Yoga Advanced 8-8:50am Yoga Basics 9-9:50am Bocce 9:30am Pickle Ball 10am Restorative Yoga 10-11am German Group 11am-12pm Bridge 1-4pm Poker 1-4pm	<b>26</b> Pilates 8-8:50am Yoga Intermediate 9-9:50am Walkers Interest Group 9am Painting Group 9:30am-12:30pm Wizard 9:30am-12:30pm Tai Chi 11am-12pm Line Dancing 2-3:15pm Poetry 5:30pm Dining Out 5:30pm	<b>27</b> Yoga Advanced 8-8:50am Yoga Basics 9-9:50am Pickle Ball 10am Restorative Yoga 10-11am Poker 1-4pm American Mahjongg 1-4pm	<b>28</b> Pilates 8-8:50am Yoga Intermediate 9-9:50am Pickle ball drills 10am ARC Meeting 10am Tai Chi 11am-12pm Mexican Train Dominoes 1-4pm Chinese Mahjongg 1-4pm Soup Night 5-7pm	Calendar Subject to Change	